



**BEACH**  
*Cotton Tree*  
**BAR**

**MENU**

# BREAKFAST



Most menu items available gluten free for free! Just ask!

☉ Until 11:30am

## BREAKFAST

### SOURDOUGH GFD, V, VGO

your choice of: house marmalade | strawberry jam | vegemite | peanut butter | honey | 10

### EGGS YOUR STYLE GFD, V

sourdough | tomato chutney | spinach | 15

### EGGS BENNY GFD, VO

bacon or pumpkin fritter | poached eggs | spinach | sourdough | hollandaise | 25

### OKONOMIYAKI VO

bacon | tonkatsu sauce | japanese mayo | fried egg | chilli | shallot | 24

### BREAKY BURGER GFD

milk bun | bacon | egg | spinach | housemade hash | bbq sauce | 22

### FARMHOUSE GF, VO

eggs | brazilian cheese bread | shoulder bacon | pork sausage | mushroom | tomato | housemade hash | chutney | 30

### CLASSIC HOTCAKES GF, V

berry compote | maple | whipped butter | 22

### AVOCADO HASH GF, V, VGO

smashed avocado | haloumi | poached egg | chilli oil | pistachio dukkah | pomegranate | 25

### PUMPKIN HALOUMI FRITTERS GF, V, VGO

micro greens | labneh | poached egg | harissa | pickled onion | 23



## Extras

EGG \$2.5

HOLLANDAISE \$3

TOMATO \$3

SPINACH \$3

HOUSEMADE HASH BROWN \$4

MUSHROOMS \$4

AVOCADO \$5

PORK SAUSAGE \$5

BACON \$5

HALOUMI \$5

## GROMMIES

12 & UNDER

### HOTCAKES GF, V

berry compote | maple | 13 with ice cream | 15

### BACON & EGG ROLL GFD

with tomato sauce | 13

### BACON & EGGS GFD

sourdough | scramble | 13

OUR KITCHEN'S A BUSY PLACE, AND NUTS, DAIRY, FISH, AND OTHER ALLERGENS LOVE TO CRASH THE PARTY. WE CAN'T PROMISE THEY WON'T LEAVE A TRACE.

SCAN THIS BABY FOR ALL THE ALLERGEN INFO



WE ARE  
Coeliac Friendly

v-vegetarian | vo-vegetarian option | gf-gluten free | gfo-gluten free option | vgo-vegan option

18% surcharge applies on public holidays

# BEVERAGES



Most menu items available gluten free for free! Just ask!

🕒 All day

## COFFEE & TEA

### BLACK | 4

WHITE | 4.5 | 5.5

### ICED

long black | 4  
latte | chai | 5  
coffee | chocolate | 6  
mocha | 6.5

### ALTERNATIVE MILKS

oat | almond | soy | zymil | 0.8

### SYRUPS

caramel | vanilla | hazelnut | chai | 0.6

### EXTRAS

shot | 0.8  
decaf | 0.5

### TEA

english breakfast | earl grey | malabar chai |  
spring green | peppermint | 4

## SMOOTHIES

### BANANA

banana | cacao nibs | honey | cinnamon | milk | 12

### TROPICAL

mango | passionfruit | orange | chia seeds | goji  
berries | coconut cream | coconut water | 12

### PEANUT CACAO

banana | dates | peanut butter | coconut | cacao |  
maca | cinnamon | coconut water | 13

### GREEN

mango | passionfruit | pineapple | goji berries |  
kale | cucumber | chia seeds | coconut | maca |  
honey | mint | coconut water | 13

## COLD

### MILKSHAKES

chocolate | caramel | vanilla | strawberry | 7  
make it a thickshake | 2

### JUICES

orange | apple | guava | pineapple | cranberry | 6

### SOFT DRINKS

coke | lemonade | diet coke | ginger ale |  
soda water | 5  
bundaberg ginger beer | lemon lime bitters | 6

### WATER

lentini sparkling 750ml | 8  
coconut water | 6

### KOMBUCHA

ginger & lemon myrtle | 7.5

## BEACH BAR NIGHTS FROM 5PM

MONDAYS

### MEXICAN MONDAY

\$6 tacos & \$15 margs

TUESDAYS

### TRADIES TUESDAY

\$24 parmy w/ chips & salad

WEDNESDAYS

### PASTA NIGHT

\$20 handmade pastas

THURSDAYS

### BOWLS CLUB

any of our bowls for \$25

FRIDAYS

### BURGER NIGHT

\$20 burger & fries

SUNDAYS

### SUNDAZE SPRITZ

\$15 spritzes from 10am

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# LUNCH & DINNER



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🕒 from 11:45am

## SHARE PLATES

**SEASONED FRIES** GF, V, VGO  
rosemary salt | aioli | 12

**BRAZILIAN CHEESE BREAD (4)** GF  
parmesan | chutney | black garlic butter | 12

**CHICKEN DUMPLINGS (5)**  
ponzu | fried shallot | pickled ginger | chilli oil | 19

**KARAAGE MUSHROOMS** GF, V, VGO  
roasted sesame dressing | chilli oil | sunomono | 18

**SALMON TATAKI** GF  
ponzu | sunomono | japanese mayo | wasabi pea furikake | 24

**FISH TACOS (2)** GFO  
mahi mahi | lettuce | pickled slaw | tomatillo salsa | 18

**HOT HONEY CHICKEN** GF  
fried tenders | pickles | hot honey glaze | 20

**CALAMARI** GF  
housemade wasabi pea furikake | kaffir lime aioli | watercress | lime | 20

**HONEY BAKED BRIE** GFO, V  
sourdough | pistachio dukkah | pickles | quince | 25



## CRAFT BURGERS

**TOASTED BUN, CRISPY FRIES & AIOLI**  
+ BACON | 3

**BEACH BAR BEEF** GFO  
beef patty | bacon jam | lettuce | swiss cheese | onion rings | bbq | aioli | 26

**HOT HONEY CHICKEN** GFO  
cabbage slaw | japanese mayo | pickles | 25

**CLASSIC AMERICAN CHEESEBURGER** GFO  
beef patty | cheese | lettuce | tomato | mustard | aioli | tomato sauce | pickles | 25

**KARAAGE MUSHROOMS** GFO, V, VGO  
cabbage slaw | roasted sesame dressing | sunomono | 24

## ARVO DELIGHT Cocktails

🍸 **MARGARITA**  
tequila | triple sec | lime | salt | 21

🍹 **PIÑA COLADA**  
rum | coconut | pineapple | lime | 22

🍷 **APEROL SPRITZ**  
aperol | prosecco | soda | 19

🍹 **MOJITO**  
white rum | lime | mint | soda | 21

🍸 **LYCHEE MARTINI**  
vodka | lychee | cloudy apple | lime | aquafaba | 21

join us for

# HAPPY HOUR

3-5PM  
MONDAY  
TO FRIDAY

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# LUNCH & DINNER



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🕒 from 11:45am

## OUR FAVOURITES

### SATAY CHICKEN GF

coconut rice | cucumber | peanut sauce | candied nuts | thai herbs | roti | 32

### PORK KATSU BOWL GF

cutlet | coconut rice | japanese curry sauce | sunomono | shallots | 32

### FISH & CHIPS GF

battered coral trout | mushy peas | dill aioli | 28

### ROOT VEGETABLE SALAD GF, V, VGO

spiced labneh | radicchio | sherry vinaigrette | pistachio dukkah | 26  
+ grilled chicken | 33

### POKE BOWL GF, VGO

coconut rice | assorted pickled veg | fresh greens | edamame | japanese mayo | ponzu | housemade wasabi pea furikake  
+ salmon sashimi | 28  
+ chilli caramel tofu | 26

### THAI CALAMARI SALAD GF

green pawpaw | pickled onion | thai herbs | cucumber | candied peanuts | pad thai dressing | 29

### SEARED MAHI MAHI GF

duck fat potatoes | romesco | fennel | micro green salad | sherry vinaigrette | 30

### TIGER PRAWN LINGUINE

black garlic purée | roasted fennel | chilli | parmesan | 36

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## GROMMIES

12 & UNDER, CHIPS CAN BE SWAPPED FOR SALAD

CHEESEBURGER | chips | 16 GF

CHICKEN TENDERS | chips | 16 GF

BATTERED FISH | chips | 16 GF

VANILLA ICE CREAM WITH TOPPING | 3

## BEACH BAR NIGHTS FROM 5PM

MONDAYS

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\$6 tacos & \$15 margs

TUESDAYS

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THURSDAYS

### BOWLS CLUB

any of our bowls for \$25

FRIDAYS

### BURGER NIGHT

\$20 burger & fries

SUNDAYS

### SUNDAZE SPRITZ

\$15 spritzes from 10am

ask about our  
**DESSERT**  
menu

AVAILABLE UNTIL 9PM

v-vegetarian | vo-vegetarian option | gf-gluten free | gfo-gluten free option | vgo-vegan option

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# COCKTAILS



🕒 From 10:00am

## SUNDAZE

*Spritz*



- 🍷 **APEROL SPRITZ**  
aperol | prosecco | soda | 19
- 🍷 **LIMONCELLO SPRITZ**  
limoncello | lemon | prosecco | 19
- 🍷 **PINK ROSE SPRITZ**  
pink gin | strawberry vermouth | sparkling rose | pink grapefruit | 18
- 🍷 **MIXED UP MEXICAN SPRITZ**  
coconut tequila | triple sec | mandarin | pineapple | cherry | brut | 18
- 🍷 **GENTLEMAN'S AFTERNOON SPRITZ**  
bourbon | peach bitters | dry ginger | mint | 18

## MOCKTAILS

- 🍷 **APPLE MOJITO**  
apple | lime | mint | soda | 14
- 🍷 **PASSION, MANGO, COCO, DAIQUIRI**  
passionfruit | mango | pineapple | whipped coconut | 14
- 🍷 **BERRY BRAMBLE**  
berries | lemon | cranberry | soda | 14



- 🍷 **CLASSIC**  
tequila | triple sec | lime | salt | 21
- 🍷 **PALOMA**  
tequila | lime | grapefruit | agave | 22
- 🍷 **TOMMYS**  
crystalino tequila | lime | agave | 24

## BEACH BAR BANGAS

- 🍷 **COSMOPOLITAN**  
vodka | triple sec | lime | cranberry | 19
- 🍷 **MOJITO**  
white rum | lime | mint | soda | 21
- 🍷 **ESPRESSO MARTINI**  
tim adams espresso | vodka | licor43 | mozart | 22
- 🍷 **PIÑA COLADA**  
rum | coconut | pineapple | lime | 22
- 🍷 **FRENCH MARTINI**  
vodka | chambord | pineapple | 20
- 🍷 **BEACH BAR HOLD UP**  
vodka | aperol | pineapple | lime | passionfruit | 22
- 🍷 **LYCHEE MARTINI**  
vodka | lychee | cloudy apple | lime | aquafaba | 21
- 🍷 **LONG ISLAND ICED TEA**  
tequila | vodka | white rum | gin | triple sec | lemon | cola | 22
- 🍷 **GOOD JUJU**  
blood orange gin | montenegro | orange | lime | prosecco | aquafaba | 22
- 🍷 **PORNSTAR MARTINI**  
vanilla vodka | passionfruit | pineapple | lime | 21
- 🍷 **INTO THE FUTURE**  
vodka | watermelon | peach & plum bitters | lime | cranberry | 22
- 🍷 **SUNSHINE PARFAIT MARTINI**  
sunshine & sons parfait gin | pineapple | passionfruit | mango | lime | 22
- 🍷 **BEE Z KNEEZ**  
barrel aged gin | guava | diddillabah honey | lemon | 22
- 🍷 **SPICY MARGARITA**  
tequila | triple sec | lime | jalapeño juice | chilli salt | 22
- 🍷 **MANGO CHILLI MARGARITA**  
tequila | triple sec | mango | chilli | lime | 22

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# BEER & WINE



🕒 From 10:00am

## BEER

### JUST A WORD ABOUT OUR TAPS...

below is a list of our favourite beers on tap. we've got 8 in total, so pop up to the bar to see what's pouring. you can also check out our large selection in the fridge.

#### BEACH BAR MID

Your Mates, Sunshine Coast, QLD 10 | 13

#### YOUR MATES 'LARRY'

Sunshine Coast, QLD | 10 | 13

#### COOLUM BEER CO. HAZY XPA

Sunshine Coast, QLD | 10 | 13

#### YOUR MATES 'TILLY' GINGER BEER

Sunshine Coast, QLD | 12 | 15

## WHITE

#### PAULETTE RIESLING

Clare Valley, SA | 48

#### GIBSON FIANO

Barossa, SA | 52

#### THREE VINEYARDS SAUVIGNON BLANC

Nagambie Lakes, VIC | 9 | 17 | 40

#### BEACHWOOD SAUVIGNON BLANC

Marlborough, NZ | 12 | 19 | 48

#### YARRAN MOSCATO

Yenda, NSW | 10 | 16 | 40

#### BANFI 'LE RIME' PINOT GRIGIO

Toscana, Italy | 12 | 20 | 50

#### PETAL & STEM PINOT GRIS

Marlborough, NZ | 11 | 19 | 48

#### THREE VINEYARDS CHARDONNAY

Nagambie, VIC | 9 | 14.5 | 38

#### ARTISAN CHARDONNAY

California, USA | 10 | 16 | 48

#### TARRAWARRA CHARDONNAY

Yarra Glen, VIC | 70

## SPARKLING

#### THREE VINEYARDS BRUT

Nagambie, VIC | 9 | 40

#### VALLATE PROSECCO

Veneto, Italy | 13 | 60

#### JANSZ SPARKLING ROSE

Pipers River, TAS | 13 | 75

#### JANSZ CUVÉE

Pipers River, TAS | 75

#### POL ROGER CHAMPAGNE

Epernay, France | 150

## ROSE

#### THE HIDDEN SEA ROSE

Limestone Coast, SA | 12 | 20 | 50

#### JARDIN DES CHARMES

Beziers, France | 12 | 20 | 50

## RED

#### THE HIDDEN SEA PINOT NOIR

Limestone Coast, SA | 12 | 20 | 50

#### MR. SMITH PINOT NOIR

Mornington Peninsula, VIC | 55

#### RUNNING WITH BULLS GRENACHE

Barossa Valley, SA | 12 | 18 | 48

#### STEP BY STEP CABERNET SAUVIGNON

Langhorne Creek, SA | 10 | 15 | 42

#### GIBSON NERO D'AVOLA

Barossa, SA | 60

#### THREE VINEYARDS SHIRAZ

Nagambie, VIC | 9 | 17 | 40

#### DANDELION SHIRAZ

McLaren Vale, SA | 55

#### BISCAY SHIRAZ

Barossa, SA | 10 | 16 | 50